

SUMMER-CAMP 2008

Synchronised skating
Landvetter SWEDEN



We offer competitive athletes in synchronised skating teams ideal training conditions with the well known team coach Andrea Dohany during our SUMMER-CAMP in August 2008

Landvetter is beautifully situated just outside Gothenburg

Your team will get a complete training package including synchronised skating course on ice and off-ice, accommodation, boarding, travel arrangement and some leisure activities.

Three hours on ice & two hours off-ice each day with Andrea Dohany and Karin Gustafsson.

Training topics

Andrea Dohany will focus on technique, improvement in speed and improve the skaters steps repertoire. During five days you will practise with high intensity three hours on ice every day. Every skater needs an athletic basic training off-ice to make progress in skating, so hard work on balance, flexibility; conditioning, quickness and coordination are important factors

Boarding

We offer a small hotel / youth hostel with good standard and breakfast, situated not far from the ice rink in Härryda with breathtaking surroundings and nearby the city of Gothenburg.

Landvetter/Härryda has beautiful lake scenery and it is only a couple of kilometres to the beach.

Notice that *alcohol is not permitted* in the hotel / youth hostels area!

Price includes

synchronised skating courses, transportation and accommodation with full board.

Please, be aware that every skater has to take care about health and travel insurance



Arrival / Departure

Period A: 01-05.08.2008 (Fri-Tues) Price: 795 EUR per person and period

Please plan your arrival in Gothenburg on 31th July between 2 and 4 pm.

The accreditation office will be open at this time and we will show you around.

Departure is on Wednesday, 6th of August

Period B: 07-11.08.2008 (Thurs-Mon) Price: 795 EUR per person and period

Please plan your arrival in Gothenburg on 6th August between 2 and 4 pm.

The accreditation office will be open at this time and we will show you around.

Departure is on Tuesday, 12th of August

Period C: 13-17.08.2008 (Wed-Sun) Price: 795 EUR per person and period

Please plan your arrival in Gothenburg on 12th August between 2 and 4 pm.

The accreditation office will be open at this time and we will show you around.

Departure is on Monday, 18th of August

Period D: 19-23.08.2008 (Tues-Sat) Price: 795 EUR per person and period

Please plan your arrival in Gothenburg on 18th August between 2 and 4 pm.

The accreditation office will be open at this time and we will show you around.

Departure is on Sunday, 24th of August

Period E: 25-29.08.2008 (Mon-Fri) Price: 795 EUR per person and period

Please plan your arrival in Gothenburg on 24th August between 2 and 4 pm.

The accreditation office will be open at this time and we will show you around.

Departure is on Saturday, 30th of August

The coach/coaches responsible for the team

Offer accommodation with full board to a special price of

Alternativ A: 250 EUR per person and period in youth hostel with good standard

Alternativ B: Assistance in finding a hotel room with all facilities

Additional information

Contact person for further practical information: Mona Stranne Nilsson, mona@nmct.com

Contact person for information about skating courses: Andrea Dohany, andrea.dohany@telia.com

Confirmation and definite timetable will be announced no later than May 31

We hope to experience the passion, spirit and triumph of skating together with you
Landvetter Konståkningsklubb

Cancellation

If you want to cancel your booking or part of it you have to do it in written form and to compensate us for the risk that we may not be able to resell your arrangement we make a cancellation charge
Period before departure within which written notice of cancellation come to our attention

More than 50 days	20 % of total booking price
50-25 days	50 % of total booking price
24-8 days	75 % of total booking price
7-0	100 % of total booking price

Repayment will be effected only in connection with illness (doctor's certificate) or if the camp must discontinue in case of fire or a prolonged power failure or other unexpected events. We will only pay you back for the unused time at the camp and never the down payment of 20%.

Payment information

Please send 20 % of the total amount within the next two weeks after confirmation

The rest amount has to be transferred to us no later than 8:th of June.2008

IBAN Swedbank account: SE25 8000 0008 1059 3700 8133

BIC/SWIFT: SWEDSESS

Landvetter Konståkningsklubb, Sweden

Liability

If there will happen something to you during practise session we will care about bringing you to a doctor or hospital. Out of practise hours it is your personal responsibility and skaters ought to have a health insurance.

Medical certificate:

-Yes, the skaters of the team are in good shape for the camp
-Yes, but please take care about (disease)
name

We take no responsibility or liability with respect to property loss or damage suffered during your stay

Transportation

We can arrange transportation from airport/boat terminal in Gothenburg/Landvetter and interest should be noted on the entry form. We will charge you extra for this, 10-20 EUR.

We will if necessary arrange transportation between hotel/youth hostel and ice rink (included in price)
Nearby public bus connection is available (included in price)

- Yes, please arrange transportation at arrival/departure and we will pay extra for this
- No, thank you. We arrange transportation at arrival/departure by our self

Entries

If more synchronising skating team will apply for the camp than we can accept we reserve the right to list the team in the order in which they have applied.

Place and Dates of application

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Signature

Teamleader or coach responsible for the group

We hope to see you in Gothenburg!